

children & youth

- NURSERY (0-3 YEAR OLD KIDS)

Parents and those with hearts for children are invited to serve our infants and toddlers once-a-month. We do ask for referrals to insure a safe environment for all.

– **Chantel Marx**
608-343-2401 / marx.chantel@gmail.com

- DISCOVERY YEARS (3 & 4 YEARS)

Enjoy the singing portion of our service prior to facilitating learning & faith exercises for the kids. Little preparation needed and no experience necessary. We will train.

– **Mindy McCannel-Unger**
612-750-5154 / mindy.vince@gmail.com

- PROMISELAND (K THRU 5TH)

Assist with the large group meeting, help facilitate the grade specific breakout groups. (K-1st, 2nd & 3rd, or 4th thru 5th) or help with supplies and craft assembly. We will train.

– **Scott Harmes**
612-743-8087 / sharmes@aldmpls.com

- VACATION BIBLE CAMP

Help put on a great week during the summer for the kids to learn about God.

– **Kirsten Hill**
612-735-5812 / kirsten@tonyandkirsten.org

- YOUTH MINISTRY

Help create a great spiritual environment for our teens, 6th grade & up, along with their parents.

COMMUNICATIONS

– **Sara Carson**
612-578-1239 / stampinsara1@gmail.com
SR. HIGH (GRADES 9-12)

– **Jon Willis**
612-298-9313 / willismania7@gmail.com
JR. HIGH (GRADES 6-8)

– **Christopher Stookey**
612-816-0640 / cstookey@gmail.com

people oriented ministries

- PRAYER MINISTRY

Join us at 9:15 AM prior to each Sunday service, or sign up to be part of the e-mail prayer team.

– **Rusty Grunditz**
651-210-4450 / rgrund32@yahoo.com

E-MAIL PRAYER CHAIN:

– **Steve & Alice Mohror /612- 729-6123**
steveandalicemohror@gmail.com

- USHERS & GREETERS

Teams serve by greeting, handing out bulletins, collecting the offering, and serving communion once a month.

– **Martin Sahaydak**
612-729-0299 / msahaydak@gmail.com

- MUSIC MINISTRY

Do you have a gift with an instrument or voice?

– **Chad Oltman**
612-978-2570 / chad@theurbanrefuge.com

- REFRESHMENTS

Help people connect after the services by serving refreshments. Three week team rotation.

– **Ilene Ahrens**
612-727-3258 / lahrens@msn.com

- HEART MINISTRY

If you enjoy helping others in need, please join us in supporting our church family.

– **Shelly Bartle**
612-770-4126 / tandsbartle@hotmail.com

- OUTREACH CREW

Have a heart for those that may be distant from God? Passionate to serve the people of our city? Eager to spread shalom outside the church walls? Join the Outreach Crew.

– **Andy Gray**
612-338-7226 / andy@theurbanrefuge.com

- MISSION TO THE CITY

Join us as we partner with other organizations in compassionate service to our community while sharing the love of Christ. www.missiontothecity.org.

– **Terrance Rollerson**
51-210-5400 / terrance@theurbanrefuge.com

- FILL THEIR PLATE

Help run the packing sessions where volunteers come to pack meals for hungry kids around the world. www.filltheirplate.org .

– **Meghan Touchet**
763-412-8141 / toobusy23@hotmail.com

- FINANCIAL PEACE UNIVERSITY

Help with a 9-week seminar to assist people in managing their cash flow and eliminating debt.

– **Chris Pankratz**
612-270-1865 / chris@fdg-advisors.com

- MEDICAL RESPONSE TEAM

Healthcare professionals or persons trained as a first responder (e.g. CPR) are needed. This team is tasked with being the first responders to any medical emergency during services or any activities at UR. Time commitment is once a month.

– **Steve Mohror**
612-729-6123 / steveandalicemohror@gmail.com

- WELCOME TABLE

Welcome new people to church, answer questions of attendees and guide people to the appropriate contacts within the church.

– **Tonja Sahaydak**
612-735-0299 / tonjasahaydak@gmail.com

- FIRST CONNECT

Help newcomers feel welcome and provide assistance as needed, which might include walking them to the kids' check-in table, showing them where the restrooms are located, answering basic questions about our church, etc.

– **Kim Foss**
612-702-2891 / kimdkfoss@yahoo.com

task oriented ministries

- MULTI-MEDIA MINISTRY

We're looking for tech-comfortable & trainable people to run the visual media 1x or 2x month.

– **Curt Hall**
612-518-9004 / c_d_hall@yahoo.com

- SOUND TECHNICIAN

We will train—all you need is a good ear and a one year commitment to work 1x a month.

– **Vince McCannell-Unger**
612-750-5146 / vince.mccannellunger@gmail.com

- DATA & STATS

Count attendance takes only 5 or 10 minutes and you still get to hear the service.

– **Rob Jones**
952-456-2886 / robertx.jones@target.com

- FINANCE MINISTRY

Teams of two count and document each weeks offerings. Must have attended for at 6 months.

– **Summer Peterson**
952-253-2222 / rosekid369@aol.com

- PROJECTS TEAM

Apply your skills and knowledge with various small projects and building repairs

– **Ken Sheehan**
612-618-2893 / kensheehan94@gmail.com

- BUILDING STEERING COMMITTEE

Talented interior designers assist in building interiors.

– **Ken Sheehan**
612-618-2893 / kensheehan94@gmail.com

- SNOW REMOVAL

Strong backs and a willing heart is all that is needed.

– **James Vande Castle**
612-619.1101 / jvandecastle75@gmail.com

- LAWN CARE

Help mow the green stuff. Green thumbs also welcome.

– **Troy Carson**
612-386-2295 / troycarson4@gmail.com

church life

- **MEN'S WORKSHOP**

Help put together events for the men.

- **Scott Vander Heiden**
952-237-8479 / svanderheiden@epinc.net

- **UR JEWELS WOMEN'S MINISTRY**

Help put together events for the women.

- **Crystal Vander Heiden**
952-687-1217
- **Katie Brown**
612-581-1694
urjewels@theurbanrefuge.com

- **UR PARENTING**

Our team puts together events that equip moms and dads to instill the biblical foundations needed to raise godly families. Childcare volunteers for event participants is a priority need.

- **Scott Vander Heiden**
952-237-8479 / svanderheiden@epinc.net

- **UR THREADS**

Help create a great spiritual environment for singles & recently married young adults in their 20's & early 30's.

- **Aaron & Amanda Boomsma**
605-929-9095 / amandaboomsma@aol.com



would you like to help serve?

The reality is that without people making themselves available for God to work through them, we will never be the church God has called us to be.

Scripture tells us that God has given each one of us a spiritual gift unique to the needs within his church body. Thus, if He has led you here, then He has given you a gift to use in support of His work here. With that confidence, join us in bringing praise to Him by making a difference in our community and within our church family.

We are so grateful for those that use their gifts and talents to make it possible for our church family to gather together while striving to make a difference in this community. Find a ministry that interests you and contact one of the leaders. We'd love it if you were to join us!

questions about getting involved?

Contact Pastor Chad Oltman at 612-978-2570 or chad@theurbanrefuge.com.



LOOK INSIDE TO SEE THE
MINISTRIES THAT MAKE THIS
CHURCH A REALITY AND...



5501 Chicago Ave. So.
Minneapolis, MN 55417
Sundays, 10:15AM

